California State University, Sacramento

The State Hornet

Issue 13, Volume 68 | April 30, 2014 | www.statehornet.com

MARCH FOR DIMES HOSTS ANNUAL EVENT AT CAPITOL

By Ashley Hurtado

The March for Babies event brought the Sacramento community together at the State Capitol Saturday to show their support for the March for Dimes campaign, which promotes awareness and research related to premature births.

According to March of Dimes, the early delivery of babies is a significant problem affecting many families, given that one of nine babies in the United States is born prematurely.

Participants attended the event in support of friends and family to encourage awareness and raise funds for the organization through sponsorships.

Stationed at various checkpoints, groups of high school students encouraged the crowd to continue their march by yelling with enthusiasm. At the finish line, Sacramento State cheerleaders congratulated their effort with lively rallying.

Sac State had a strong presence at the event with a large number of university affiliated organizations participating, including the March for the Babies club, Greek organizations and the Sac State Public Relations Student Society of America.

Alpha Phi Omega President Brielle Nevill said Sac State Public Relations Student Society became sponsors after President Alexander Gonzalez invited them to participate in the marketing of the event.

"This is an organization that is dear to President Gonzalez' heart, so he asked that we support him," Nevill said.

Nevill said Sac State has raised $80,000 and the donation will fund research aimed at reducing premature birth rates and increasing awareness.

Sorority members from Alpha Phi joined the march as one of the many philanthropic endeavors the organization sponsors each semester.

Taylor Cattaneo, Alpha Phi vice president of campus affairs, said her organization chose to participate in the March for the Babies to support members of her sorority and the cause.

"Some of our girls in Alpha Phi are actually doing this for a senior project," Cattaneo said. "They made it a big deal so we took it as a big deal because everything our girls do we support."

Cattaneo said she enjoyed the early-morning walk because it was a fun way for people who supported the March for Babies mission to come together.

DIMES, PAGE A2

SPERBECK RESIGNS



FILE PHOTO - STATE HORNET

Marshall Sperbeck, head coach of Sacramento State University's football team, abruptly resigned from his position on Friday.

Head coach Marshall Sperbeck shocks football program, recruits and fans

By Satchi Hover

Sacramento State head football coach Marshall Sperbeck suddenly announced his resignation last Friday after seven seasons coaching on the sidelines.

Sperbeck compiled a 35-44 overall record that included wins against Pac-12 schools Oregon State and Colorado. Last season the team finished 5-7.

Speculation as to why Sperbeck resigned has centered around a report that there is an ongoing internal investigation into Sperbeck violating NCAA recruiting policies, according to an article in the Sacramento Bee.

The Bee published the article on Friday night which stated that an anonymous 10-page letter was sent to The Bee, Sac State and the NCAA, detailing the alleged violations.

According to the article, the letter included information that Sperbeck exceeded the number of allowable phone calls to recruits, and was in attendance at a workout during what the NCAA deems as a "dead period" for college coaches.

The Sac State athletics department would not confirm if there was such a letter and declined to provide further information on an investigation.

"Sacramento State takes compliance with NCAA rules seriously," said Brian Berger, spokesperson from the athletic department. "Consistent with

SPERBECK, PAGE B3

ASI election ends with lower voter turnout

By Ilian Cervantes

Associated Students Inc. elections concluded April 23 with an 8.4 percent student voter turnout, down 5.6 percent from last year.

Out of the 27,729 eligible voters in ASI's membership body, 2,341 students submitted a ballot, exceeding the required 5 percent threshold to make the election legitimate.

"There is a huge controversy with people boycotting the elections," said senior math and science major Emilia Calderon. "(Some) think it's undemocratic because so many of the election positions are unopposed."

Out of 14 positions up for election, only three were contested including the Union Well Director, Director of Social Sciences and Interdisciplinary Studies and Director of Engineering and Computer Science.

Current Director of Social Sciences and Interdisciplinary Studies Lauren Lombardo ran uncontested and was elected ASI President with 1,760 votes. She said ASI advertised the election appropriately, according its bylaws, and will continue to raise awareness of the importance of student government.



SARAH HINES - STATE HORNET

The newly elected ASI officers congratulate Lauren Lombardo on winning ASI President on April 23.

"It's unfortunate students feel that they're not involved in the process of the shared governance of the university," Lombardo said. "It's unfortunate they feel they're voice is not being represented. I hope that doesn't continue."

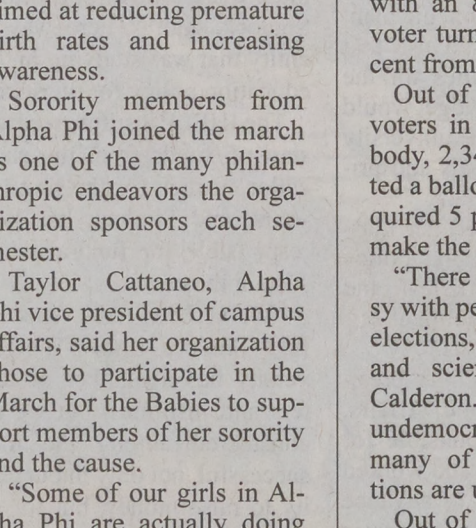
Calderon said although a student boycott of the elections made a good point that ASI might not advertise enough, contestants are not to blame.

"(Students) are blaming the contestants for not getting their own competition," Calderon said. "That really makes no sense at all. The fact is, people who are running for this election found out on their own initiative, did the research and won through their own merit."

Director of Engineering and Computer Science Luis Ramirez won with 236 votes

ASI, PAGE A4

INSIDE



A5

COMMUNITY: Farrell's re-opens for business in Sacramento.

From where I sit

B6

OPINION: Beth Jones shares her thoughts on dating while disabled.

B4

CULTURE: Tattoos are more then just a trend.

B1

SPORTS: Men's Tennis season is halted after a lose from Weber State.

Science department in need of space for students

By Jonathan Ayestas

Sacramento State will be looking to add space for impacted science courses, but only if the California Legislatures approves construction of a new building.

Biological Sciences Faculty Chair Jennifer Lundmark said classes in high demand, like biology and chemistry, almost always fill up during early registration, leaving few options open for many prospective graduates.

"We have students waiting four semesters to get in," Lundmark said. "Can you imagine coming here as a student, and you can't start your degree for four semesters because the classes that you need to take to progress in the major are completely impacted?"

Space needs to be dedicated for chemistry and biology labs to be run because they cannot be held in typical classrooms due to safety concerns and the need for special equipment, Lundmark said.

"The lab classes are absolutely critical for our students to be able to go on and do the jobs that they're supposed to do," Lundmark said. "And in many cases, it's required by the program they're interested in pursuing. So we aren't just holding labs for any old reason. These are absolutely necessary for these students to be successful."

Associated Students Inc. Director of the Natural Sciences and Mathematics Melissa Bardo said faculty and staff have to cover a nuclear magnetic resonance machine, worth $500,000, with towels because they do not have the proper materials to protect it from a leaky ceiling.

"We're talking about a very important machine that is helping students learn a lot about chemistry and undergraduate research and we can't even take care of their equipment," Bardo said. "These are very important to students and faculty because this experience is the kind of experiences that gets students jobs when they graduate."

Associated Students Inc. Legislative Coordinator Mike Sharif said the new building, which would be located by the Hornet Bookstore where the faculty parking is, would include a planetarium, observatory and a pendulum that tells time. The location for an additional multi-layered parking lot is undetermined.

"This science building would be built by the CSU Board of Trustees within the next five years," Sharif said. "What we're trying to do is have a way to provide funding for the new budget."

Bardo said Humboldt Hall, the building focused on biology courses and conjoined with Sequoia Hall, has asbestos in the building and ceiling tiles falling off some of the classrooms.

Senior biomedical sciences major Farid Nawabi is a transfer student who took some of the pre-requisite science classes in a community college but had trouble enrolling in genetics and physics courses. He said he does not feel comfortable with the conditions in Humboldt Hall.

"It's sad because this school doesn't provide science students and teachers an environment that's important," Nawabi said. "We have people more susceptible to sickness and the buildings should be up to par."

California State Student Association Representative Anthony Gibson said people should remember many of the CSU buildings were built decades ago, and should be maintained to keep up in a rapidly changing economy.

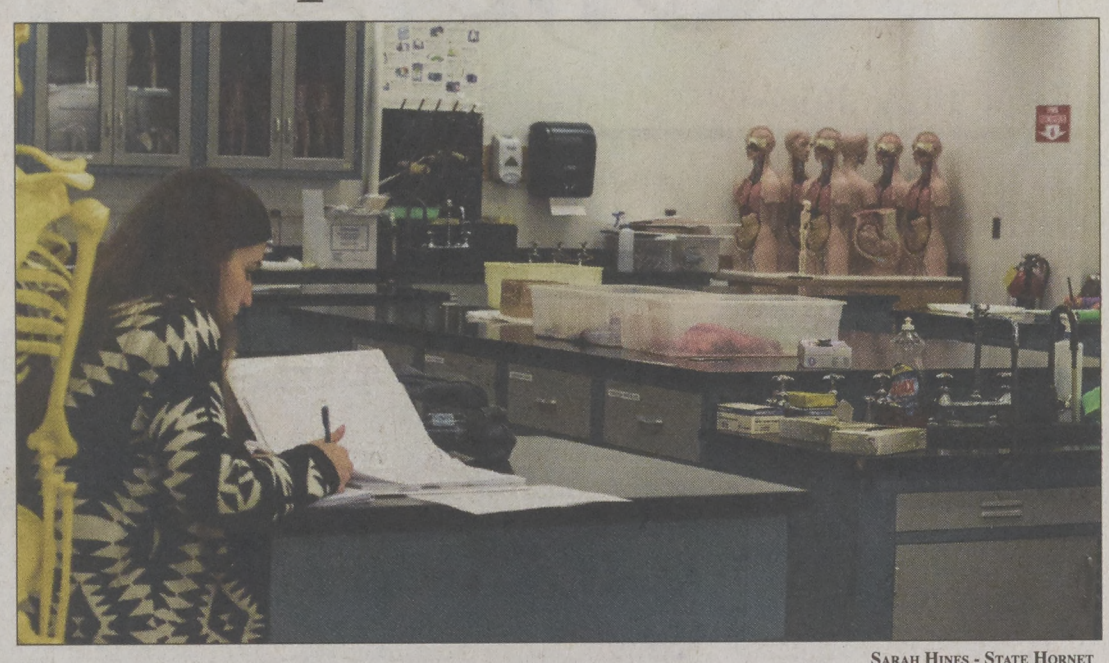
"There has been much communication with local community leaders and legislators in the capital that are all very interested in helping Sacramento State find the funding for this building," Gibson said.

Lundmark said enrollment in Science, Technology, Engineering and Mathematics has skyrocketed in the past years due to the economic recession, leading to increased jobs for those graduates.

Bardo said there is funding for new equipment for the science department but there is no available space for any of it in neither Sequoia nor Humboldt Hall.

Lundmark said a new science building was imminent when she first started out at Sac State 18 years ago. She hopes to see it before she retires.

"We have a lot of students who are going to do great things and we're trying to get them there," Lundmark said. "The motivation and ability are no problem. We just have to be able to have space for them to become the great scientists they want to become."



Sarah Hines - State Hornet

Science majors have been facing hardships due to the department being impacted.



Yarcenia Garcia - State Hornet

Sacramento locals came out Saturday to participate in the annual March of Dimes in downtown Sacramento.

DIMES: Numerous organizations came out to support cause

Continued, A1

Tents from dozens of organizations supporting the cause covered the front lawn of the Capitol including Hanson Bridgett, Big 5, Toyota, Famous Footwear, Quiznos and Sutter Health.

Volunteers contributed to the success of the event by giving water, snacks and sandwiches to thousands of participants.

Sutter Health's fundraising team rose more than $581,343 for the March of Babies, and was the top fundraising team in Northern California.

Jackie England, a Sutter Health site leader, organized fundraising events for the campaign and joined the march for personal reasons.

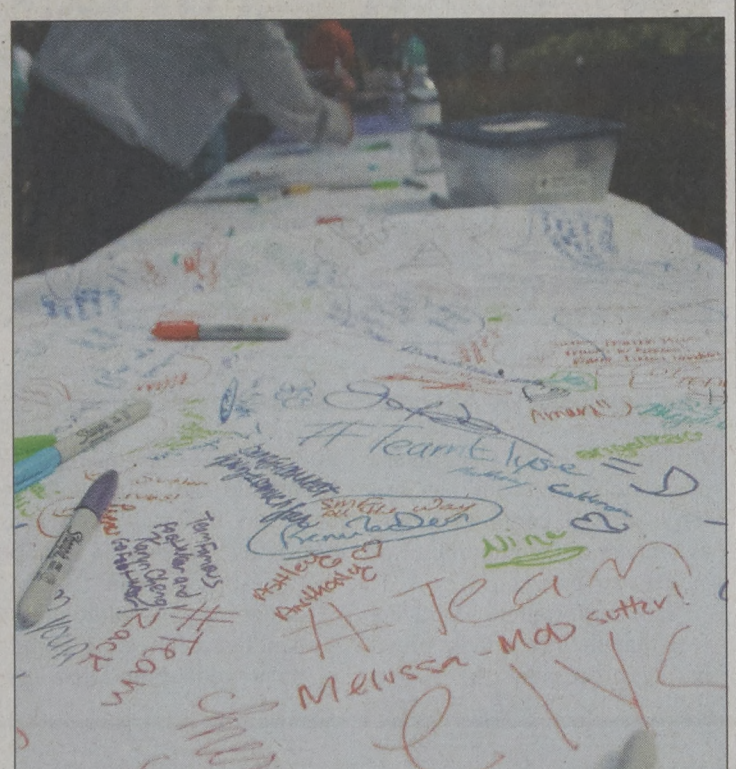
England said she has been personally affected by the premature births and the painful suffering it can inflict on a family.

"My brother was born premature and lived until he was five months old.," England said. "My friends' daughter was born a pound and three ounces and died when she was 24 weeks. They're half brother was born with a hole in its heart and didn't make it through the surgery."

England said she feels her life has been touched in a number of different ways by premature babies and birth defects.

The March of Dimes organization help families cope and funds research to prevent this misfortune. On average, the costs for the delivery and care of full-term babies is $5,000 while premature babies can cost the hospital up to $45,000.

"Prematurity affects us at all different angles," England said. "It affects us monetarily, and it affects us emotionally."



Yarcenia Garcia - State Hornet

At the March of Dimes finish lines people signed a huge banner with their team name or the names of those they supported.

Shulock retires after thirty years in administration

By Ilian Cervantes

Nancy Shulock, director of the Sacramento State's Institute For Higher Education Leadership and Policy, is retiring in September after a 30-year career in administration and higher education policy.

The IHELP institute has produced multiple reports that highlight the need for policy change to help students succeed in California Community Colleges, by collecting data on student transfer and completion rates, and analyzing higher education policy.

She has also participated in making the campus administration more efficient by creating a plan to help match the goals of the university with the budget.

"What we did and what I worked on for many years was to build up and coordinate with the planning council to develop a strategic plan, and then we would use that plan to set priorities for the campus and the budget would be used to help the university accomplish its goals and priorities," Shulock said.

Shulock received her masters degree in public policy from the UC Berkeley and her doctorate in political science from UC Davis.

As the associate vice president for Academic Affairs, Shulock was responsible for the yearly budget and worked with the provost to advance the university's academic programs. She also worked in administration with Mike Lee, current vice president and chief financial officer.

"It was a very complicated job because her work required her to work with all the deans, and because Academic Affairs is the largest division on this campus with the largest budget," Lee said. "It was a very heavy responsibility, but I remember her being very fair and very thorough in her analysis."

A big transitional change Shulock experienced was the split of one college into three in 1996, and the challenge of allocating funds for each. The College of Arts and Science split into the three current colleges including the College of Arts and Letters, the College of Natural Sciences and Mathematics and the College of Social Sciences and Interdisciplinary Studies.

"When I was in Academic Affairs, it was really rewarding because it was an interesting maturing period in this university," Shulock said. "But I started to really yearn for public policy work because that was my field."



Nancy Shulock

Emeritus Donald Gerth, who served as president of Sac State from 1984 to 2003, created the IHELP institute and placed Shulock as executive director in 2001, where she remained for the second portion of her Sac State career.

"Gerth had this idea that there was a void in California," Shulock said. "There was no entity that was studying higher education policy for the state."

The IHELP institute received start up funds from the chancellor's office for the first two years, and Shulock has been responsible for fundraising to sustain the center.

"We've been really successful," Shulock said. "The university has a number of centers and institutes, but we are considered among the most successful, not only in our ability to raise money, but for the work and the product that we put out."

Lee said the caliber of her analysis is apparent by its influence on higher education policy making in the state.

"We are lucky to have that center housed on this campus," Lee said. "I personally believe it is a tremendous asset to the university. Legislatures and state government officials have cited her research to make important decisions about higher education in this state."

Shulock said she is excited for retirement and is looking forward to spending two weeks in Peru, but her love for policy analysis and research has kept her from leaving Sac State.

"For quite a while it was a barrier to my deciding to retire because I love my job," Shulock said. "I get to participate in national projects. I get to travel and meet smart, interesting people who are all doing work like this, and feel like ultimately you are making a difference."



Eddie Roth - State Hornet

Drivers sit in traffic Saturday on Highway 50 near where the left lane is cut off. The lane reduction is Phase 1 of Caltrans' effort to fix the highway while Phase 2 will begin May 7.

Fix 50's second phase will affect traffic near campus

By Craig Sanders

While the opening weeks of the Caltrans Fix 50 highway project created minimal seven to 10 minute delays, Sacramento State students are cautioned to prepare during Phase 2 construction.

Starting May 7, Caltrans intends to close Hornet Drive from Folsom Boulevard as part of an advertised path for Eastbound 50 commuters needing a detour to Southbound 99.

Tony Lucas, senior director of University Transportation and Parking Services, said Caltrans does not want the additional traffic of drivers, and the detour will help limit the traffic flow.

"This will obviously have an impact and effect on Sac State," Lucas said. "Expect delay times from that area to increase."

Sac State commuters will be asked to go northbound on Howe taking the La Riviera exit to College Town in hopes of limiting the impact.

Caltrans and Lucas continue to encourage affected motorists to use Regional Transit during construction. The city of Sacramento has been responding to that suggestion effectively so far, according to numbers provided by Sacramento Regional Transit District spokesperson Alane Masui.

Masui said the park-and-ride lot usage for the Light Rail increased by 48 percent on the opening day of Fix 50 compared to the same day a week before with an additional 1,368 parked cars recorded.

According to the Office of Institutional Research, 95 percent of undergraduate students live off campus.

Brianna Taylor, a sophomore biology major, said she is no stranger to poorly maintained roads and does not understand the need for the construction. Yet, the project has already caused her to find an alternate route to school.

"Now I just get off on Florin Road," Taylor said. "That way I don't have to deal with the possible horrible traffic."

Lucas said there has been a mild increase in the amount of students who are taking advantage of transportation alternatives, including ridership usage for shuttle and Light Rail, and is glad some people are trying new things.

However, he also said a majority of Sac State commuters are not affected enough by the delay to generate a change in their normal driving patterns.

"I suspect a lot of commuters are irritated, but not enough to make a radical change," Lucas said.

Overall, Lucas said Fix 50 is progressing on schedule and so far, the combined efforts of the organizations involved have led to students making well-informed decisions.





ASI: Newly elected president wants to advocate for Sac State

Continued, A1

in one of three positions that were contested. He had the endorsement from Society of Hispanic Professional Engineers, who also won the Club Challenge bringing 157 votes to the competition.

The Club Challenge brought a total of 615 votes awarding participants' clubs or organizations $2 per vote.

Ramirez has been a Society of Hispanic Professional Engineer chapter officer for two years and said he always encouraged students to vote.

"It is important to participate no matter what," Ramirez said. "If you are not voting, your voice will never be heard. I always tell (Society of Hispanic Professional Engineers) members when I give presentations, you have to speak up to get what you want. A good way to speak up is by voting."

Ramirez said if students choose not to vote, they should include their comments in the ballot to make their thought known.

"You completely ignoring the ballot does not prove anything," Ramirez said. "It just means that you are another person who doesn't really care about what is happening."

Andrew Shaw won the Union Well Director position with 1,215 votes.

"As of this morning, we already have our budget set for (the) upcoming 2014-2015 year," Shaw said. "Renovations for both the Union and the Well are going to be the first things I will focus on."

Shaw said the goal is to be transparent about the possible expansions of the Union and the Well, whether it involves an event center or basic expansions. He said he plans to ensure student's voices are heard by hosting forums that promote discussions.



File Photo - State Hornet

Former ASI President Nielsen Gabriel identifies Rebecca Bolger as a candidate in the ASI elections during the election party Wednesday evening.

In an attempt to inspire a community feel among students at Sac State, Shaw said he has a project idea, but it still needs to be presented to the board and follow the basic ASI procedures before a motion is put into place.

"This is a dream of mine, if elected, to sponsor a meet-and-greet event with the athletes," Shaw said. "I feel that students should engage more with the athletes to create a sense of pride that we desperately need."

Director of Undeclared Students Adrianna Bolds was the final opposed elected candidate with 74 votes. She said she was encouraged to run for ASI by her First-Year Experience Program peer mentor.

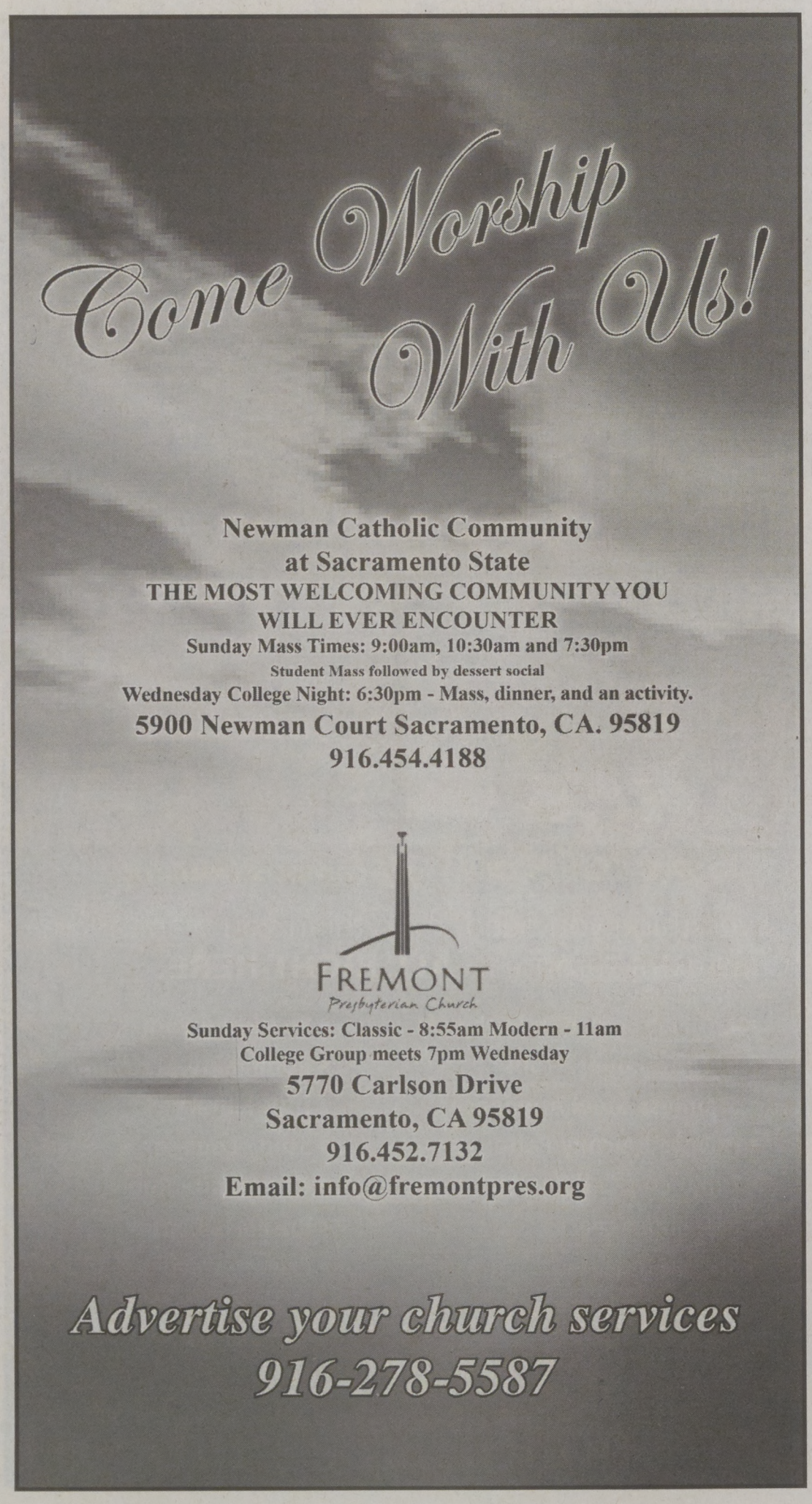
"You can't graduate in a fast enough way if you are not involved," Bolds said.

Ethnic studies senior Sharon Perryman said he started voting sophomore year to help a friend running at the time and has voted consistently since.

"There is a lot of issues that impact us directly," Perryman said. "It is important to have a voice because each vote does matter."

As ASI President, Lombardo said she hopes to create more beneficial resources for students, including internships and scholarships, and advocate for Sac State students at the California State University and California Legislature level.

"I'm looking forward to working with the newly elected board," Lombardo said. "I'm well-aware of their ideas and goals for the university, as well as my own. I know it's going to be a productive year. I'm happy to serve students in the capacity I am going to be able to."





Farrell's opens its doors after 42-year hiatus

By Erika Bradley

Sacramento has brought back Farrell's Ice Cream Parlour, an old-fashioned spot that makes customers feel like they just stepped into an early 1900s ice cream party.

Located on 1625 Watt Avenue, Manager Zachariah Federowski said owners Paul Kramer and Mike Fleming wanted to revive the 1920s themed parlour in Sacramento after its closing in 1986.

In 1972, the Farrell's that was located on Freeport Boulevard across from the Executive Airport had a plane crash into its structure killing 22 people. Before re-opening last August, Kramer and Fleming asked some of the survivors and witnesses for permission to launch at a new location and most of them approved.

Jim Doucette, Executive Director of the Firefighters Burn Institute, was 12 years old when he saw the crash from his house.

"I lived in South Sacramento near the accident and I remember seeing the fireball," Doucette said. "It affected me personally and all of Sacramento for a long time. I have been contacted by the new owners [and] have gotten to be acquainted with them. They are very nice people who want all their restaurants to be a positive influence on their community."

"The original way that Bob Farrell [designed the restaurant] is the way you see it today," Federowski said. "[Kramer and Fleming] wanted to make it the original Farrell's."

Walking into Farrell's, customers can pick up the friendly and happy vibes. With servers dressed in pin-striped vests, old-fashioned ties cane hats and newspaper-like menus, the parlour offers customers of all ages an experience no other place in Sacramento can give.

Regardless the time of day, the ambiance at Farrell's is festive as the early 20th century music and photos brings old memories.

"The most unique thing about Farrell's is the guests that come in here," Federowski said. "There are people who have come in since they were 5 years old and now they're (now) in their 60s,"

Sandee Bird is a long-time customer that came back to Farrell's for the first time in more than three decades and was excited to see if it was the same as she remembered.

"[I] went years ago, about 35 years ago, when the children were small and it was just the funniest place because [of the] birthday[s] and balloons and singing," Bird said. "The kids loved it."

The most popular food options at Farrell's are the old fashioned burgers like the "All-American Burger." Appetizers range from chili cheese fries to "Ooey-Gooey Cheese Sticks." Portions are large and prices range from $8-$13.

But while the food is notorious, the ice cream has always been the star of the show.

The "Triple-Chocolate Brownie Sundae" is one of the most ordered ice cream dishes and offers one of the largest servings. When customers finish their sundae, they are greeted by the staff that sings a song dedicated to finishing the dessert.

The restaurant focuses its service on timeliness and making connections with customers to ensure a special experience.

Natasha Livermore is an employee who has worked at the Farrell's since its opening. She said her childhood birthdays always fell short of expectations, because of that, she is inspired to makes others' birthday celebrations at the parlour as special as possible.

"When I was a kid, my birthday was all [of my family's' combined as one] and it wasn't celebrated as big as it should be as a child's birthday," Livermore said. "So working here has made me feel like everyone should have their special day just for them."







OMAR VILLALPANDO - STATE HORNET

Farrell's Ice Cream Parlour gives you the opportunity to enjoy several dishes and ice creams with original creations. Farrell's works as a perfect place for family gatherings and specially birthday parties.

At Farrell's, birthdays are celebrated with good food and ice cream, goofy dances, songs, games and a giant bass drum. Everyone is made to feel their celebration is special and the staff makes sure each customer leaves with a smile.

Today, the Sacramento location is the only one in Northern California with six in Southern California.

"It is a nice place to bring a family," Doucette said. "I remember going to [all of the] Farrell's locations back in the '70s and it brings back good memories of me growing up in Sacramento."

Freshman recognized for dedication to education

By Daisy Aguilar

Growing up in the mountains of Mexico, Armando Porras never thought obtaining an education was possible.

Now at 19 years old, Porras is an electrical engineering major at Sacramento State with a 4.0 GPA and the recipient of a national award.

The National Association of State Directors of Migrant Education, an organization of state officials responsible in helping migrant student succeed in school, awarded Porras a recognition bestowed to one student every year at its conference in San Antonio April 5-6.

Porras was nominated by College Assistance Migrant Education Director Viridiana Diaz.

"Armando was selected based upon his civic participation, dedication to education and motivation to improve the lived experiences of migrant workers and their families by becoming a college educated citizen of an active participant of society," Diaz said.

At age six, Porras immigrated to Watsonville, Calif. with his parents and two younger sisters.

"Never did I think I would be awarded for the way I performed in school," Porras said.

When first arriving to California, Porras and his family lived in a laundry room for three months.

"There was five of us in a laundry room," Porras said "Sometimes we would wake up and there would be water on the floor."

From the laundry room, they moved to a Motel 6 for two weeks before moving into a mobile home owned by his dad's boss.

"In my mind I was OK," Porras said. "It was way better than what I was used to back in Mexico."

Porras said he remembers wearing ripped clothes, torn shoes and living off the land in Guanajuato, Mexico. His family lived off money his grandfather made selling pomegranates in a city two hours away.

"When I was a little kid I never thought I would go to school," Porras said. " In my head, I was just like 'I'll take care of sheep and cows and work on these farms for the rest of my life.'"

He said attending a U.S. school for the first time was not a great experience. As he struggled with English and wore the same green sweatpants everyday, he was often bullied. However, the experience changed in high school.

After he stopped caring what his peers thought of him, Porras said the bullying stopped. Although he made more friends and got involved in high school, his grades were barely good enough to get into a state university.

Without much effort in academics, Porras soon took into account the hard work his father went through to give him the opportunity at an education.

"My dad had been working so hard all his life," Porras said. "He had cancer, he is still going to his therapy [and] he is still going to work to put food on the table. I really love my dad and to tell him 'sorry dad all your hard work was for nothing,' it was just not an option."



PHOTO COURTESY OF ARMANDO PORRAS

Armando Porras stands at podium where he received his award bestowed to him by the National Association of State Directors of Migrant Education.

Soon after his realization, Porras earned a 4.0 GPA the first semester of his senior year. After being denied admission at Sac State, Porras appealed and was admitted when he earned another 4.0 GPA his last semester of high school.

Now a freshman, Porras said he has prioritized his education.

"He believes that education is the best way to break the cycle of poverty and wants to continue with his education," Diaz said.

Civil engineering major Jonatan Cordova met Porras through Summer Bridge and CAMP, or College Assistance Migrant Program, and found they shared similar goals while quickly becoming close friends.

"[Armando] never forgets on the sacrifices that his family has done in order to see him in college," Cordova said. "He knows that graduating from college is not just for him, but also for his whole family."

Porras plans to graduate in 2018 and hopes to one day fund a scholarship and be a motivational speaker for students with similar experiences.

"I have met a lot impactful speakers in my life, now I want do the speaking," Porras said.

EDITORIAL

Despite turnout, ASI is doing students a favor



McClatchy Tribune

Sacramento State sits miles from the state's capitol in a city that lives and breathes politics yet the community at Sac State fails to get involved in the ASI system.

With almost 600 government students graduating since 2008 and becoming a part of the state's governance, the lack of engagement is ridiculous.

ASI is responsible for funding programs and events that enrich student life such as clubs, the Wednesday Nooner and Farmers' Market.

Admittedly, the system is broken.

Electing students and giving them an opportunity to serve their community is mutually beneficial. ASI should be a jumping off point for the careers of future political leaders, but if what turned out to be a one party system election is being boycotted by its constituency, it cannot serve anyone's interest.

While ASI is not a perfect solution, rather than handing a paycheck to university employees to serve the same purpose, it is better to pay students, chosen by students, to do a job that must be done.

If ASI was not in place the jobs would still need to get done. The administration could instead appoint student representatives, pay them little or nothing, and hire staff to do the work ASI does. It would probably cost the same amount, but this would not make students happy either.

ASI rarely asks what students want and students are too busy or lazy to put forth the effort to be informed. Students need to get more involved. It is time for the constituency to make demands of its representatives.

Students have the right not to vote and not to be involved, but the show must go on and ASI will continue to pay for programs students appreciate, no matter what a representative's political philosophy is.

Politics has little to do with the elections, so the best thing for an unhappy student to do is get up, and change something, A one-party pony cannot learn any new tricks on its own.

Student body lacking communication from ASI, voters unaware of purpose

By Kelly Abercrombie

There is a lack of communication on campus as to the importance of Associated Student Inc. at Sacramento State.



Although the ASI mission statement says, "Associated Students, Inc. serves as the official governing body of the Sacramento State students and through operation and sponsorship of programs and services meets the varied needs of students," it is really difficult to meet the varied needs of students if we do not know where to go for information or understand the purpose of ASI.

On the first page of the ASI website it declares student votes matter, but when the ballot only shows one candidate for each position, it is confusing as to how they would matter. The name on the ballot wins automatically.

Volunteers running the booth in front of the Union explained last Wednesday afternoon the votes were at 6.6 percent and it has to get to 10 percent or the election has to start over.

"Maybe they do not know their vote will affect things," said sophomore dietetics major Ify Onyima.

There are many great opportunities ASI offers to students and they go unknown. Some of the programs organized by ASI are Peak Adventures, the farmers market and KSSU radio, which are all programs we as students have paid to help run.

Students can get hands-on experience through internships offered through the network ASI has created with alumni.

The praises of ASI are endless, but will never be experienced by a majority of our student population because of the lack of communication.

"No I did not vote for ASI members because I don't know where to place my vote," said junior child development major Brittany Gonzales-Chang. "I kept forgetting to vote because of the numerous research papers and exams I need to prepare for. "

There are students on campus who know about the resources ASI has to offer, usually those involved in the Greek system. Students pledging to sororities or fraternities are more involved on campus, thus know more of the events affecting students.

On the other hand, as a commuter school, a good majority of students come to take their classes and head back home in hopes to graduate and move into a career with their new degree.

"Years past there were deadlines and fliers and there was not a single one this year," said senior environmental studies major Nicholas Meyer. "People running use personal accomplishments and not on what they can do for the school."

To better the years ahead, communication about the importance of ASI would greatly impact the student body. There seems to be a lack of school pride and upon inception of new freshmen or transfer student's proper emphasis on student body organization's should be the top priority.

"Students have a lack of initiative to get involved," said junior criminal justice major and ASI business employee Tim Balarie.

Thank you to all the students who are running to make our campus a better place and sorry no one cares about your election.

STATEHORNET.COM

From where I sit

Dating can be complex for disabled community

By Beth Jones

People dating with a disability have to deal with all the same self-esteem, body image and sexuality issues as everyone else – just in a different package.

Dating, regardless of having a disability, can be a tricky situation to deal with. But once a disability – especially physical – is added to the mix, a whole new list of issues comes out.



One person that has experienced much of the trials and tribulations that come along with disabled dating is recreational therapy junior Jenny Zimmer.

"I think (disability), adds a whole other component to think about," said Zimmer.

Going out on a first date can be awkward enough, but then having to figure the accessibility and adaptations that go with having a disability into that date just complicates everything.

"Going on a date, like any public outing, is complicated by being in a wheelchair. I have to know in advance if where I'll be will have a wheelchair accessible bathroom. If it's inside, it can be hard getting between chairs and tables, especially if it's busy," said communications junior Sara Hooker.

Hooker also said that a man having a car that is low enough for her to get into and will fit her wheelchair can be an issue. And if someone is in a powerchair it can be very heavy and not always able to be broken down, as opposed to a manual chair where the wheels are able to pop off.

Another new stresser into the dating situation.

For disabled daters the best option, at least in the beginning, is to meet your date somewhere and figure out things from there. Girls with disabilities are even ignored in dating conversations with their peers, because it is often assumed they do not date.

These non-inclusive conversations exist because the stigma around disability still exists. This stigma creates a barrier, especially mentally for men with disabilities who are trying to interact with average females.

"Often times people with disabilities are seen as asexual, undateable people, and overcoming that notion is a daunting task. The appearance (of a wheelchair) brings that stigma," said business junior Kevin Coffman.

Coffman said that as a man with a disability, dating brings up a lot of questions and can mess with a person's self-confidence. One question being whether they are good enough, in other's minds, to carry on a relationship with.

Coffman and Hooker both agreed that someone who is interested in a person with a disability should just ask them out and see what happens.

People with disabilities can date and be in relationships just like anyone else, and are open to answering questions about themselves.

So ladies and gentleman, next time you see someone in a chair that you think is attractive – do something. Make eye contact or start up a conversation because chances are, if you think they are cute, they might think you aren't half-bad yourself.

Editorial Board

Editor-in-Chief
Ryan Kuhn
(916) 278-6584
rskuhn@gmail.com

Content Managing Editor
Joe Davis
(916) 278-4155
josephdavis@csus.edu

Design Managing Editor
Russell Preston
(916) 278-4155
russellapreston@gmail.com

News Editor
Imran Majid
imran.k.majid@gmail.com

Opinion Editor
Natalie Gray
ncg43@csus.edu

Sports Editor
Jillian Kweller
jk2484@csus.edu

Assistant Sports Editor
Curtis Manlapig
curtismanlapig@csus.edu

Culture Editor
Janice Daniels
jd3627@csus.edu

Community Editor
Daisy Aguilar
dda58@csus.edu

Photo Editor
Andrew Vasquez
andrewvasquez@csus.edu

Video Editor
Sean Chin
sc2642@saclink.csus.edu

Sports/Culture Designer
Alexus Kearney
alexuskearney@csus.edu

News/Community Designer
Anthony Nathan
anthonynathan@csus.edu

Assignment Desk Editor
Kayla Nick-Kearney
nick-kearney@csus.edu

Copy Chief
Craig Sanders
craigtylersanders@gmail.com

Advertising Manager
Diane Kauffman
(916) 278-6583
ads@statehornet.com

Advertising Designer
Cheetara Johnson
(916)278-6583
ads@statehornet.com

Faculty Adviser
Mark Ludwig
(916) 278-5612

The first copy of this newspaper is free. Additional copies cost $1. All views expressed herein are the responsibility of The State Hornet and do not necessarily reflect the views of the Sacramento State Journalism Program, the Communication Studies Department, administration, student body or ASI unless otherwise noted. The State Hornet is copyrighted, and may not be reproduced in whole or part without the express permission of The State Hornet.

SOFTBALL CAN POTENTIALLY HOST BIG SKY TOURNAMENT

By Clifton Jones

Sacramento State softball is in the midst of a three-team race for first place with Idaho State University and Southern Utah University.

The team that finishes in first place this weekend will earn the right to host the Big Sky Conference Tournament next week. As of right now the three teams sit atop the standings: Idaho State (11-3), Sacramento State (12-4) and Southern Utah (9-4).

The Hornets finished their regular season, sweeping Weber State University 11-1 and 4-3 on Friday.

But despite not playing any games this week, senior catcher Paris Prado said the team is not taking a week off of practice to see what is going with the other teams.

"This week will not be an easy week of practice. We are going to push it," Prado said. "We don't want to be rusty when conference tournament starts."

For the Hornets to host the tournament, they need help from the University of North Dakota who will take on Idaho State. However, if North Dakota losses twice, the

SOFTBALL, PAGE B3

Men's track finds success with limited scholarships

By Josh Leeper

The Sacramento State Hornets have had a successful run in the Big Sky Conference since head coach Kathleen Raske's arrival on campus in 2004.

She's led her program to 14 Big Sky Conference titles - 10 women's and 4 men's, including a complete sweep of the indoor and outdoor titles by both teams in 2011.

This was accomplished all without major scholarship funding.

The men's team is not a fully-funded program, receiving only five scholarships to be distributed among 44 athletes, making it impossible for the program to offer full scholarships.

Title IX requires programs to fully fund sports based on the demographics of the campus. Because 57 percent of students at Sac State were women in 2013, women's sports are fully funded.

"We always offer partial scholarships," Raske said. "Sometimes the best we can do is offer a guaranteed roster spot."

The small number of scholarships affect the team's outlook from season to season and because funding is scarce, the coaching staff is often left with difficult decisions.

"I have to allocate how we spend our money," Raske said. "Am I going to try to load up on an event group, or am I going to spread it out and have a well balanced team?"

The effects can also be felt by the student-athletes. Sophomore sprinter and hurdler Casey Wheeler receives a partial, half-tuition scholarship. The other half comes from his pockets.

"I have to work during the first semester and the second semester I take out loans," Wheeler said. "This year, I had to work at a movie theater."

Last year, other men's programs on campus benefit from more funding including the football program, which was able to allocate a maxi-

TRACK, PAGE B2



BOB SOLORIO - HORNET SPORTS

Olivia Boija's teammates rush out to her in celebration moments after she scored the final point to win the Big Sky Championship on Sunday.

BIG SKY TENNIS CHAMPS

By Patricia Carpenter

The Big Sky Championship for women's tennis went down to the wire Sunday at the Gold River Racquet Club, where No. 3 seed Sacramento State fought hard and pulled out the 4-3 victory over the No. 1 seed University of Montana.

The Hornets secured the program's 13 consecutive NCAA Tournament berth and extended their conference titles streak to 13, as they were crowned the 2014 Big Sky Conference champions.

"We wanted to keep our championship streak alive," said Sac State director of tennis Bill Campbell. "I knew it would be a tough match, but I didn't think it was going to be quite as tough as it was."

Senior Katharina Knoebl and sophomore Daria Savchenko opened up with doubles match No. 1, where the women overpowered Montana's Sasha Carter and Laurence Pelchat at 8-3.

In doubles match No. 2, freshmen duo Deimante Bulatovaite and Alina Soltanici clinched the first point for the Hornets as they defeated the Grizzlies Anabel Carbo Estruch and Ashley Mackey at 8-4.

The women looked dominant in doubles, but the energy did not carry over into the first set of singles for the Hornets. Bulatovaite was swept in straight sets in singles match No. 5 at 3-6, 3-6 by Montana's Mackey.

All but one Hornet dropped their first set to the Grizzlies. Savchenko was the only one to dig out a win in a tiebreaker situation at 7-6 (7-5).

"My first set was in the past and I started focusing on my second set," Savchenko said. "I felt that she was tired already because I moved her (back and forth) on the court and she was missing too many (shots)."

The sophomore played tough in the first set, overcoming a rally by Montana's Haley Driver in singles position No. 1. She completed a sweep in the second set at 6-2 and earned the second point for Sac State.

"I felt excited," Savchenko said. "I got one point for my team and I felt that we had a chance to win."

Soltanici in singles match No. 3 was able to push for a third set, but was outplayed by Montana's Precious Gbadamosi (5-7, 6-1, 1-6).

The contest was even at 2-2 with only three singles matchups in progress.

"I had an image in my head of (Montana) taking pictures with the trophy," said sophomore Olivia Boija. "Then everyone turned up in their sets and everyone started to fight so that's when I realized we could win."

Knoebl in singles position No. 6 was able to force a third set and dominated the Grizzlies Maddy Murray (4-6, 6-3, 6-0) to gain the advantage for the Hornets. Sac State was up 3-2 with senior captain Sophie Lohscheidt and Boija both down in their third sets to Montana, where the two final matches were played on the courts next to each other.

The Hornets gathered around their teammates, cheering them on as they were clinging onto their final hopes of making it to the NCAA Tournament.

Lohscheidt rallied to stay alive in her third set to Montana's Sasha Carter at 4-4, but the senior ultimately fell to Carter at 5-7, 6-2, 4-6.

The match was even at 3-3 as the result of the competition came down to Boija, where the sophomore battled back in the third set to overcome her 3-4 deficit to force a tiebreaker.

She went up 6-3, just one point away from winning when Montana's Laurence Pelchat battled back and put up two points (6-5). Boija hit a forehand shot down the line that was too forceful for Pelchat to handle, which claimed the victory for the Hornets at 4-6, 6-2, 7-6 (7-5).

"I got a short on my backhand, so I (went) around and just hit down the line," Boija said on the final point. "She was running (towards the ball) so I was so prepared to take a volley because she was so fast and she just misses, then the girls were screaming and it was black from there."

The women rushed the court letting out screams as they defeated Montana.

"It was a revenge for us since we lost the streak to them so it was really important (to get the win)," Boija said.

Sac State lost on the road to the Grizzlies 4-3 on April 11, which broke the program's 112 consecutive conference match streak. At the time the team was without starter Knoebl and Soltanici had to forfeit her match due to an injury.

"Our girls played fabulous," Campbell said. "Our girls are very competitive and they do not like to lose."

Sac State baseball club closes inaugural season

By Curtis Manlapig

While Sacramento State baseball is currently leading the Western Athletic Conference, there is a club baseball team that is slowly establishing themselves as one of the more diverse clubs on campus.

Founded by Dennis Chen, who took on the role as president, the Sac State baseball club just concluded its first ever year in the National Club Baseball Association.

Chen, who came to Sac State from Taiwan five years ago, was looking for a place to fit in and with his baseball background, he decided to start the club. It was not easy for Chen as he was faced with several problems in the startup process.

Chen had a hard time finding members to join, and when he did, some of them were faced with ineligibility rules. The club started with 19 members, but was whittled down to just 12.

"In the beginning, I was just trying to recruit players so I didn't really think that much," Chen said. "If he can play, then he's in. When I realized, it was too late."

The team finished its inaugural season at 4-16, but it was not because of a lack of talent.

A key member to the baseball club is Adam Austin, the current safety officer and next year's president. Austin is a registered emergency medical technician and was a perfect fit as safety officer of the club.

With such a small team, Austin, as well as many members in the club, would become utility players. Secretary of the club, Leonardo Zermeño compared it to being a kangaroo just hopping from position to position.

During the season, the club had trouble finding a regular practice field and practice time. They played their games at El Camino High School, but would practice at different fields almost weekly. Austin said that the talent was there, but the consistency was not.

"Our record doesn't really display the level of baseball we had the potential to play," Austin said. "We had a lot of trouble getting a practice field and practice time."



YARCENIA GRACIA - STATE HORNET

Sacramento State's baseball club was founded by Sac State student Dennis Chen.

The club was placed in the Southern Pacific-North Conference and faced the likes of UC Davis, Sonoma State and UC Berkeley among others. One of the shining moments for the team was taking down powerhouse Sonoma.

"Our first legitimate win was against Sonoma, they were undefeated and No. 1 in our division," Austin said. "We were the first team to beat them."

Within the roster, there are people from several nationalities; and Austin would describe it as having at least one person from each continent. Chen said that as they would travel to other places and notice that the vast majority of teams were not very diverse in their rosters.

BASEBALL, PAGE B2

Women's golf just shy of NCAA West Regional bid

By Patricia Carpenter



Bob Solorio - Hornet Sports

Lisa Persson finished third place in the Big Sky women's golf championship.

The Sacramento State women's golf team made a run for the Big Sky Conference Championship title, but came up short in the final round in Chandler, Ariz.

The Hornets were tied with Portland State for first at 605 heading into the last day of the tournament, but the Vikings overcame the field and defeated Sac State by 15 strokes.

Portland's A Ram Choi captured the top spot, shooting 70-74-67-211 and tied the third-round championship record at 2-over-par. Portland State earned the automatic bid to the NCAA West Regional.

"We gave it our all," senior Tiffany Nichols said. "We we were all really sad and let it all out after the round was over, but in the end a team that loses together brings you a lot closer."

The Hornets won the Big Sky Conference title back in 2007 and since then the program has recorded three second-place finishes since that overall victory.

Sophomore Rockelle Sande made her first Big Sky Championship appearance, where she played a dominant 54-hole tournament and recorded her best collegiate round.

Sande tied for fourth overall with Montana State's Kati Greear at 225 and led the Hornets for the first two rounds (76-72-77).

The sophomore also recorded her first top-5 collegiate finish as a Hornet.

"Playing a course in Arizona is favorable to a long hitter (like me), because you get a long roll where the courses are dry," Sande said. "I think that helped me on the second round when I got an eagle on hole-18."

Sande can drive the ball hard out on the green, but the sophomore stressed the importance of her short game and said it was a factor in her success this tournament.

Senior Lisa Persson carded a final round at even-par 72 as she finished for third overall (223) for Sac State. Last season, Persson tied for 20th and improved her overall score by seven strokes.

Sagee Palavivatana had a shaky first outing, but improved in her next two rounds where she shot an overall 81-75-78-234 to tie for 18th place. The junior had almost identical numbers compared to her 2013 finish (75-76-82-233).

Freshman Chloe Bartek also made her first championship appearance, where she tied for 22nd overall with rounds of 78-78-80-236.

Nichols finished the tournament shooting rounds of 75-80-78-233 to finish in 17th place.

"We had a bit of a different lineup this year, but other than that we knew what to expect," Nichols said. "We were hoping to go into it with good team chemistry and a lot of energy."

Nichols fell seven strokes behind her performance from last year's championship, but only dropped one spot in the standings where she placed 16th in 2013.

"I really would have liked to play a little bit better for my last college tournament, but at the same time I went out there and did the best that I could," Nichols said.

The women said they have no regrets about their performance on the course as they were neck and neck with Portland State.

"We won in Hawaii as a team and we came in second in conference as a team," Sande said. "You want a team that you can win together with and a team that you can lose together with."

The Hornets took the loss very hard because they believed they had a strong enough squad to move on to the NCAA Tournament and thought they still had an opportunity to advance.

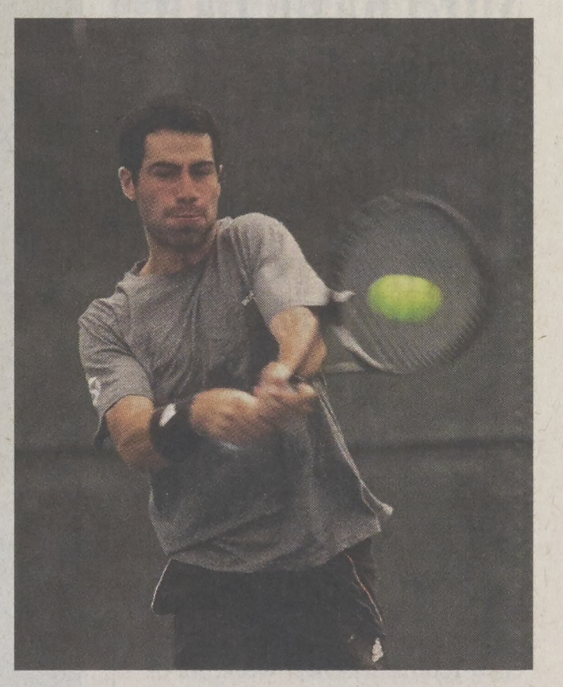
"This (final result) was a disappointment, but next year we know what to do differently now," Sande said. "Short game (technique) is always key and focusing more on putting and the chipping around the greens."

The results of the championship were identical to the prediction in the preseason coaches' poll, which picked Portland State as the favorite to win it and had Sac State second.

"It's been a great year," said head coach David Sutherland. "We won a tournament, we finished second in another one and we've got a team GPA around 3.5, so I'm extremely proud of the young women in our program."

Injuries make season's end unfavorable for men's tennis

By Daniel Harrison



Eric Lelja - State Hornet

Joaquin Marquez, above, has the second best singles record for Sac State at 11-8.

After an injury plagued season that saw the Sacramento State men's tennis team down to just three healthy players two weeks before the conference tournament, the Hornets will begin the rebuilding process for the 2014-15 season after losing in the semifinals of the Big Sky Championship.

The Hornets took down Montana State on Friday, a match that started at 6 p.m. and lasted just before midnight. The momentum gained from the team was not enough to take down top seeded Weber State on Saturday afternoon. This marks the first time in six years that the Hornets are not champions of the Big Sky Tournament.

This season has seen every top player on the team go down with injuries. Junior Sean Kolar was unable to get healthy after knee surgery, so he made this year his redshirt season and juniors Marek Marksoo and Tom Miller have both battled injuries for the majority of the season. Men's tennis head coach Slava Konikov said the injury situation is so rare it took him by surprise.

"This year was tough," Konikov said. "For the last 10 years I have never seen so many health problems."

All the problems could not tame the team's confidence going into the tournament, but they did not have an answer for the Wildcats.

Two weeks ago, Sac State had three healthy bodies, forcing them to forfeit a match against Nevada. While the team had no other option, the timing between the last match and the tournament allowed the team to regroup just in the nick of time.

Sophomore Joaquin Marquez is the only Hornet this year that has been impervious to health concerns this year. While being healthy is great, he noted how hard it has been having the top players out of the lineup.

"[The injuries] were really tough for six or seven matches because I had to play at the (No.) 3," Marquez said. "I had to move up because the other guys are not playing."

In addition to Marquez stepping up, fellow sophomore Niranjan Ram has also had to step up, playing a large part of the season in the No. 2 spot. Konikov said a lot of the success the team has had is due, in part, to Ram.

"Niranjan has improved a lot over the past two years," Konikov said. "He is doing so well, he is a positive guy. He is the model for everyone."

The Hornets will also return all of their players next season. This season's injuries have allowed the younger players step up and gain experience.

Redshirt freshman Christopher Clayton said he is already excited for next season. He said it will be a lot of work, but does not see it as a chore.

"I enjoy playing and I enjoy working out, so its not like I find it hard," Clayton said. "It's what I love to do so I find it easy."

Another year in the books and another incomplete season. The Hornets have had 10 appearances in the NCAA tournament, but have yet to win. Since 2009 the Hornets have been to the tournament every year, with losses to Stanford twice, USC twice and UCLA once.

For assistant coach Kevin Kurtz, while the season did not go as expected, he is looking forward to the team staying intact and being stronger.

"Alejandro [Villarreal] stepped it up, Joaquin stepped it up and next year Chris will be starting, so I am excited," Kurtz said. "Sean [Kolar] will be back, so that tentatively could put two guys in the top six."

Although the season may be over, Konikov said tennis does not take a break from training. The Hornets have played their last game of the season and now that the offseason just started, Konikov said the team will have to prepare to take back the title.

"After conference I tell the team it is not finished," Konikov said. "You have a break with your school, but you don't have a break with your tennis and fitness and you guys need to be ready for next year."

BASEBALL: Club looks to gain attention and members

Continued, B1

"Our club is one of the most diverse clubs on campus, we have so many different races and ethnicities on our team," Chen said.

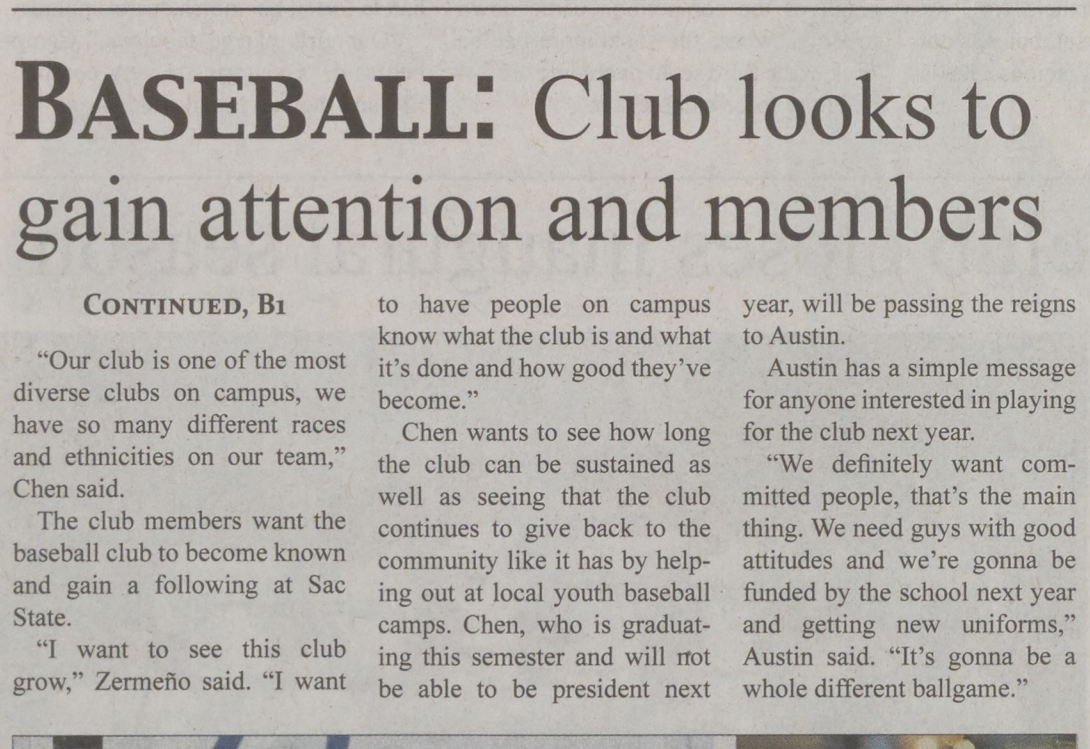
The club members want the baseball club to become known and gain a following at Sac State.

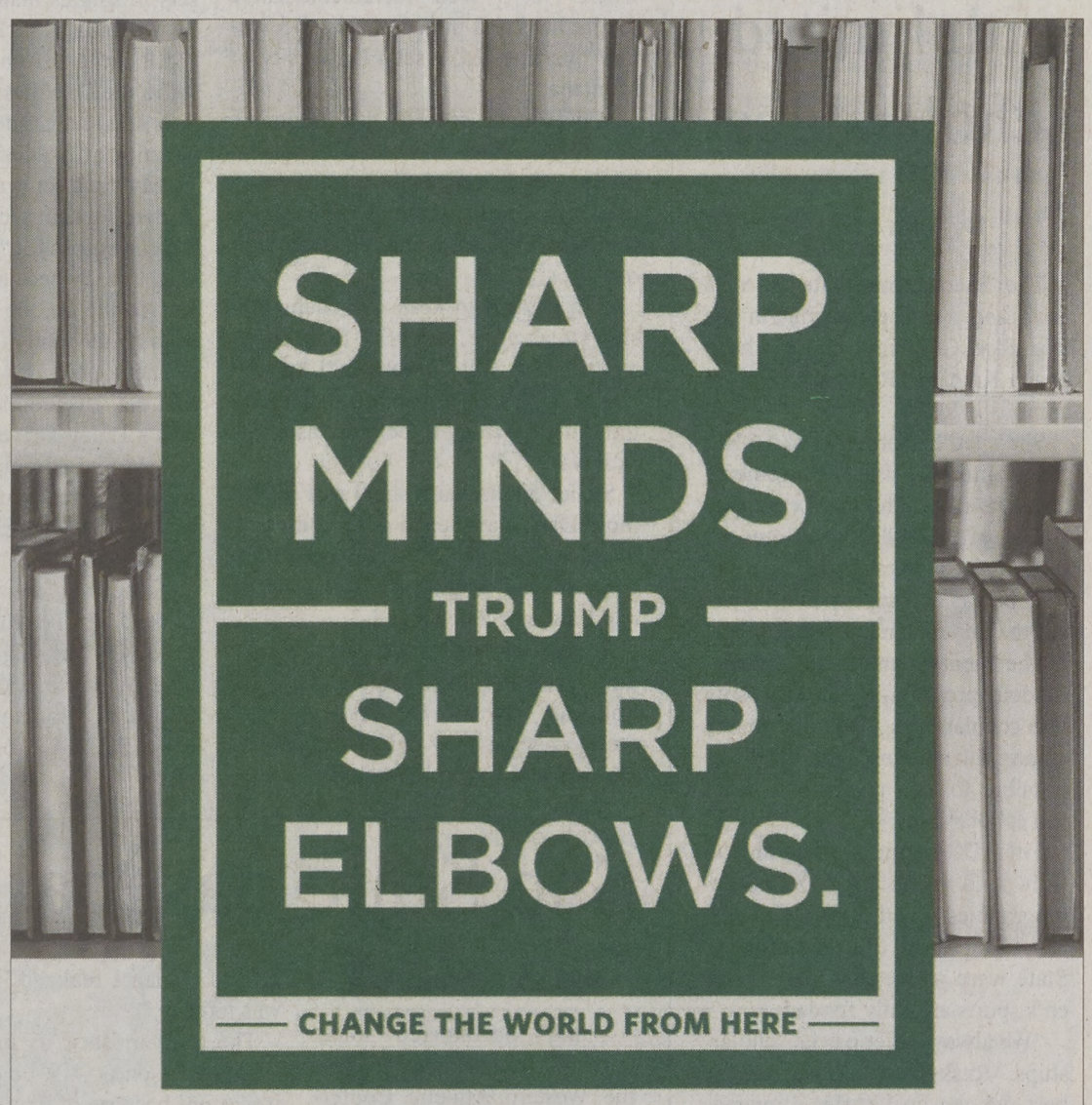
"I want to see this club grow," Zermeño said. "I want to have people on campus know what the club is and what it's done and how good they've become."

Chen wants to see how long the club can be sustained as well as seeing that the club continues to give back to the community like it has by helping out at local youth baseball camps. Chen, who is graduating this semester and will not be able to be president next year, will be passing the reigns to Austin.

Austin has a simple message for anyone interested in playing for the club next year.

"We definitely want committed people, that's the main thing. We need guys with good attitudes and we're gonna be funded by the school next year and getting new uniforms," Austin said. "It's gonna be a whole different ballgame."





Sharpen your mind with graduate degrees in Teaching, Counseling and Public Administration and undergraduate degrees in Psychology, Management, and Health Services. Plus new **online** graduate degrees now available.

LEARN MORE AT AN
INFORMATION MEETING
at the USF SACRAMENTO CAMPUS
Wednesday, May 7, 6pm

Learn more or to RSVP call **916.920.0157**
visit **www.usfca.edu/sacramento**
or email **sacramentocampus@usfca.edu**

UNIVERSITY OF SAN FRANCISCO | Sacramento Campus

TRACK: Coach's balance low funds with recruiting

CONTINUED, B1

mum of 60 scholarships.

But the lack of scholarships has not hindered any success during the last decade.

"Our success has nothing to do with scholarships," Raske said. "I have to give great credit to my coaching staff."

The foundation for the team's success has also been built by a careful selection of athletes.

Raske said the program goes after athletes who feel they can gain something from the school.

"The people who choose our program do so for the right reasons," Raske said. "They love our school, city and environment."

Having a coach who cares about her athletes also makes a world of difference, said freshman hurdler Trever Sitch.

Sitch received offers to play football from private NAIA institutions, but decided to accept Sac State's guaranteed roster spot because of the strong program led by Raske.

"Coach Raske was the only coach that saw me run," Sitch said. "She emailed me about my potential and came out to one of my races."

The men's team has continued their success during the 2014 season. The team finished first at the Jacksons Invitational in January and finished second at the Big Sky Conference Championships in Pocatello, Idaho.

Up to this point in the outdoor season, the men have finished second at the Aggie Opener and the Hornet Invite, third at the Cal-Nevada Championships and first place at the Mondo Mid-Major Challenge at Hornet Stadium.

"It's the total experience that brings people in," Raske said. "People want to be apart of a championship team."

SOFTBALL: Team needs help from North Dakota

CONTINUED, B1

tournament will be played in Pocatello.

Prado said this week will be crazy to keep up with what the rest of conference is doing.

"This week will be nerve wracking for the players because we have a chance to host the Big Sky tournament," Prado said. "We have been stalking the other teams and texting each other throughout the week."

The Hornets had a chance to take the opportunity from the Bengals on the road, but Sac State lost two close games. Idaho State mounted two late rallies to overcome its deficits, including a walk-off home run and a two-run home run in the bottom of the sixth inning for wins on April 11 and 12.

"It was really tough to lose the game against Idaho State, because we knew what was at stake before playing the game," Prado said.

The Hornets standout sophomore first baseman Sasha Margulies said that she has no idea if North Dakota will pull off the two wins against Idaho State.

"It will be nice if North Dakota can pull off the upset," Margulies said. "To be honest, I really am not worried about that, I am more worried about us winning the tournament now."

Margulies this season has led the team offensively with a .359 batting average and ranks second on the team with 22 RBIs.

At Ball State last season, Margulies saw the same setup the Big Sky implements, in which the team that won the regular season title would host the conference tournament.

However, she has never experienced watching what other teams do at the end of conference, so it is surreal to her and her teammates.

"It sucks that we have to wait and see how the other teams do to finish out the conference," Margulies said. "We can not control anything that happens this weekend at all, and that will be the hardest part of this weekend."

The Big Sky Tournament starts May 8.

SPERBECK: Athletic department remains quiet about resignation

CONTINUED, B1

with federal and state privacy mandates as well as NCAA and Big Sky Conference procedures, the University does not discuss compliance issues that may be under review."

The school's athletic director, Terry Wanless, was not available to comment on the investigation but released his own statement at the time of Sperbeck's resignation

"The Hornet football program made definite strides during Coach Sperbeck's seven years at Sacramento State," Wanless said. "I thank him for his commitment to our program, and I am excited about the Hornet team that will take the field in 2014."

Jody Sears, who was hired as the team's defensive coordinator in January, will take Sperbeck's place as the interim head coach. In two seasons coaching at Weber State University he was 4-19.

At the time of Sperbeck's resignation, Sears said the primary focus of the team was to keep the players focused on football.

"These players are resilient and strong, and I know they feel a lot of empathy for coach (Sperbeck)," Sears said. "Our immediate priority is to make sure that the guys understand this is a teachable moment and the mission is not going to change."

Hornets' senior wide receiver DeAndre Carter said he was disappointed that Sperbeck stepped down, but is optimistic for the future.

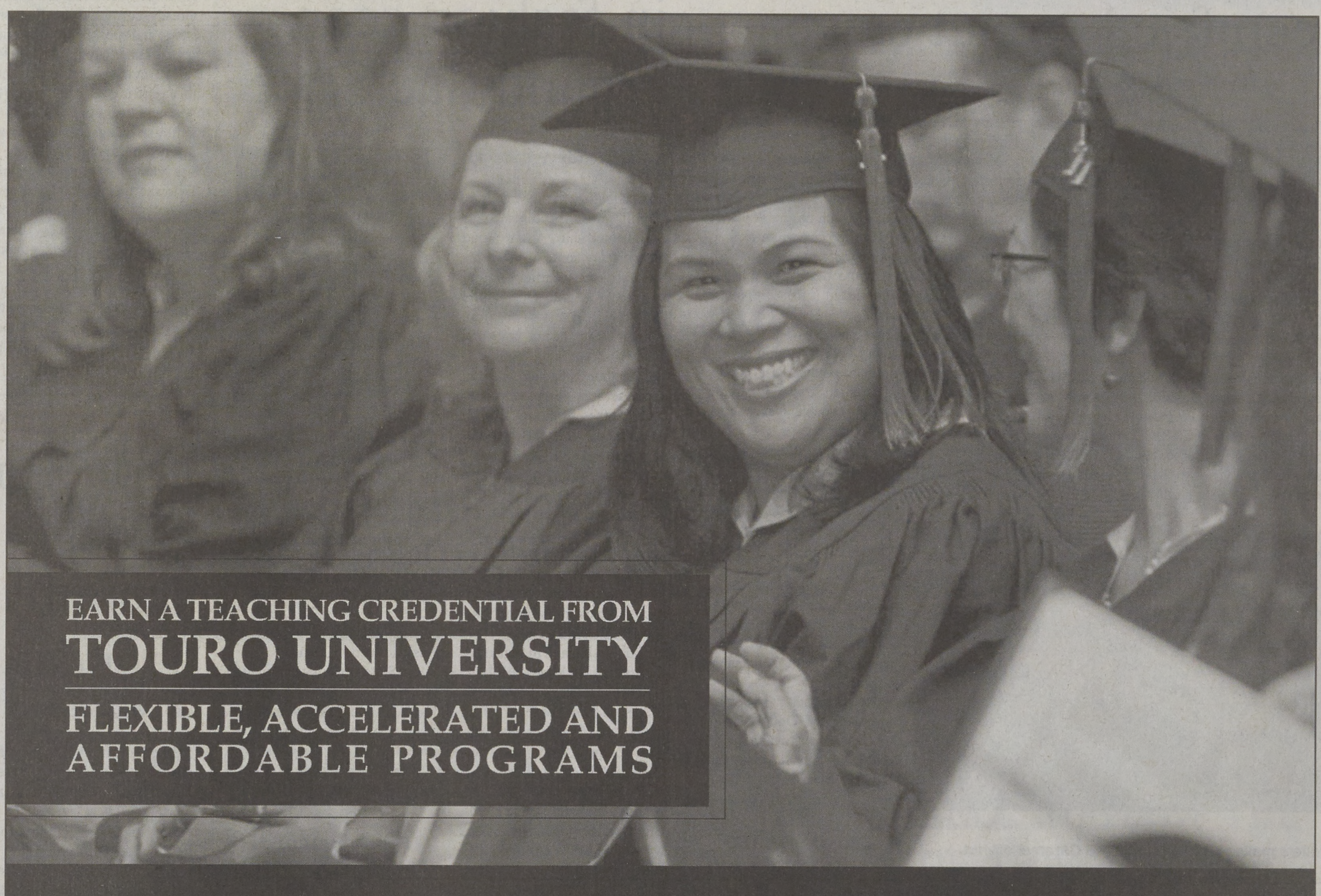
""It's hard to have to see anybody resign or step down from something they love doing," Carter said. "We were all shocked, but as a team we had to realize that we have goals for the upcoming season and we have to continue to work toward those goals."

When asked about the investigation via email, the NCAA said that due to rules put in place by its membership, it could not comment on current, pending or potential investigations.

Prior to his tenure at Sac State, Sperbeck experienced success at Foothill College in Los Altos, Calif. where he coached for 15 seasons, finishing with a 109-53 record, while leading his team to 11 bowl games.

Sperbeck was also unavailable for comment.







Junior child development major Marissa Grijalva spanish chest tattoo translates to "if it makes you happy." Her cousins also have the same tattoo.



Junior gerontology major Emma DeRock says her foot tattoo, in honor of her late mother, has become a part of her.



TATTOO PHOTOS BY ALEX HERNANDEZ - STATE HORNET

Freshman mechanical engineering major Anderson Tate dragon tattoo was inspired by his conversion to Buddhism after visiting Thailand.

SELF-EXPRESSING TATTOOS

By Elizabeth DeCicco and Alex Hernandez

Like lyrics and fashion statements, tattoos as a form of self-expression have historically been considered a lifestyle and more than just a trend.

Neo-traditional tattoos, which are inspirational and illustrative designs of the early Americanized tattoo with a modern impression, are more popular now, said Steve Trevino, a custom tattoo artist at Legacy Tattoo.

The general art of tattooing has been prevalent for a few centuries. Notable tattoo art of the contemporary period include the visionary style of Sailor Jerry — cartoon-like mermaids, ships or anchors — and the work of "Texas" Bobby Wicks during the 1920s, Trevino said.

While tattoos seem to be a growing in popularity and have become addictive for some, this everlasting art form also has a rich cultural history that spreads worldwide.

As practiced in ancient Polynesian societies, tattoos are meant to display a person's spiritual power. In Samoa tradition, tattoos drawn by hand would specify rank and title. Tattooing ceremonies for young chiefs celebrated their rising leadership role.

The Hawaiian people's traditional tattoo art, known as 'kakau,' was adornment that secured health and spiritual well-being. Men marked their arms, legs, torso and face with elaborate patterns that resembled woven reeds. Women normally had tattoos on the hand, fingers, wrists and often their tongues. Western missionaries soon forbade the tattooing as Christian churches frequently expressed disapproval over time.

It is highly discouraged to hastily get inked by an unfamiliar tattoo artist, Trevino said. Instead, a consultation should be done beforehand. Researching quality artists and developing a relationship with one is the best way to end up with gratifying results.

"[You must] talk to the artist, look at their work and you need to be comfortable with the artist because you have to trust them," Trevino said.

In most cases, those who have an image in mind pull a design off of Pinterest and expect to achieve the exact replica. A dandelion, infinity symbol or a dream catcher are a few common and "sold-out"

TATTOO, PAGE B5

Crispy, sugar drenched, deep fried cronut craze

By Elizabeth DeCicco

When French chef Dominique Ansel fused a croissant with an American-made doughnut, what he produced was something out of the ordinary yet rather a heavenly pastry creation that sold like hot cakes among New Yorkers.

It has primarily been called the cronut, a rounded, deep-fried croissant that has been appearing in more and more bakeries across the nation and worldwide. The cronut overall tastes like a crispy, sugar-drenched donut, but has a light, flaky and layered texture. However, the delicious experience of a cronut varies at competing bakeries.

The cronut is a registered trademark of where it was born, Dominique Ansel Bakery in Manhattan. The New York Post had declared Ansel as the "Willy Wonka of NYC." Ansel created this sensational pastry to be innovative and creative for his bakery, and took him two months to develop the recipe, Ansel told USA Today.

After making its debut one year ago in May, cronut fans spread the world in such countries as Taiwan, Brazil and South Korea, according to National Geographic.

A number of Sacramento bakeries have participated in the cronut craze, featuring their own imitations.

Estelle's Patisserie, a French bakery at 901 K Street, sells its version of the cronut every Sunday morning and Tuesday afternoons. Supervisor Jordan Oneill said the bakery established their own version and named it the "croixnut," simply due to copyright.

Estelle's introduces a new croixnut flavor of filling each week, along with an option of cinnamon sugar flavored croixnuts. Past flavors have included salted caramel, strawberry creme brulee, amaretto and white chocolate lavender. A croixnut costs about $4 each.

Located at 6413 Riverside Boulevard in South Sacramento, Le Croissant Factory makes its "dosant" every Saturday and Sunday. "They have become very popular with the younger generation, especially college students," said owner Peter Kuo.

At $2 each, dosants at Le Croissant Factory range being filled with cream cheese or whipped cream to being sprinkled with cinnamon sugar.

At 9176 Kiefer Boulevard in Rosemont, Donut Time's "cro-nots" are available on Saturdays and Sundays, and by pre-order, costing about $3.



ERIC LELJA - STATE HORNET

Estelle's makes a delicious Salted Caramel cronut.

CRONUT, PAGE B6

90s influence in fashion seen around Sac State

By Wendy Aguilar

Tops that reach the waistline, long floral shirts, biker boots and flannel shirts tied around the waist are some of the items students are wearing around Sacramento State. One would think they had just stepped out of a time machine and landed in the 1990s.

Even though fashion changes every season, some trends return. Clothes from the '90s are the trend and students are consuming it.

Walking around campus, many students could probably be mistaken for extras on the set of Amy Heckerling's "Clueless", but it has been 19 years since that movie came out.

"'Clueless' was a major influence on fashion and now it's a big influence on us today," said fashion design and merchandising student Nikko Panganiban.

Some of the fashion in "Clueless" was inspired by the preppy trend during the '80s. That preppy look was then mixed with grunge and rock which contributed to the casual, yet edgy look during the 1990s. But now, the popularity is back with some of the cultural background context such as how music influenced trends.



SARAH HINES - STATE HORNET

Junior business major Selena Truong shows off her spring fashion with ankle booties, a red moto jacket and tops it off with a trendy hat.

Sac State fashion design and merchandising major Mary Tacotaco said this new trend is inspired by what we see in society.

"It goes along with pop culture like the music we listen to

FASHION, PAGE B6

Trending smartphone apps on the market

By Anisca Miles

Two people are walking down the street and then: BOOM!

They collide because their favorite smartphone app is way more interesting than their current surroundings.

Checking smartphone apps constantly has become the norm is modern-day society.

In May 2012 a study by comScore showed that more mobile subscribers used apps more frequently than browsing the Internet on their devices.

The two most popular app stores are Apple App Store with 50 billion total downloads and Google Play with 48 billion downloads. Following close behind is Blackberry App World with 3 billion app downloads.

According to marketingtechblog, some of the most popular apps include games, news, entertainment, social, music, and productivity.

International Data Corporation predicts that global downloads will reach close to 76.9 billion in 2014 bringing in close to 35 billion dollars.

Students at Sacramento State use all kinds of different apps to get through the day; here are a few to try out.

Name: AirDroid (Google Play)

Downloads: approx. 50 million

Descriptions: This savvy app allows android users to manage their phone from a web browser from all over the world. Users can move things on and off of their phone without a USB cable, send and receive text messages, locate lost devices and wipe all data remotely.

Julien Tran, 22, computer engineer major

"I [like] AirDroid. I use apps that help [my cellphone] be more efficient."

Name: Podcasts

Downloads: N/A

Description: This app is perfect for those diving into the podcast world for the first time. Podcasts usually comes preinstalled on every new iPhone or iPad and is a free download in the Apple App Store. Users can search for specific shows or browse around for new things with limitless subscriptions.

Joshua Navarra, 22, criminal justice major

"In general, the apps that I use pertain to my hobbies; I usually

PHONE, PAGE B6

CRINGE WORTHY TRENDS

STAFF EDITION!

Name: Alex Hernandez
Embarrassing Trend: MySpace
Why You are embarrassed:
Now that I look back, it is so embarrassing to think about my "top 8" and all the drama of who your top friends are. I spent so many hours on a website I forget even exists anymore.

Name: Steven Senn
Embarrassing Trend: Turtlenecks
Why You are embarrassed:
I remember when I was in grade 6 or 7 wearing turtleneck shirts a lot. Kids were wearing them under sweaters and the cool kids rocked them and did them justice. I was a tall, super-skinny kid and the turtleneck was not the most flattering article of clothing for my body type as it accentuates the neck and has a slimming effect. I looked like I was wearing a Steve Jobs costume, like a junior version of the Apple founder, except skinnier. Those school pictures are tough to look at without wincing.

Name: Janice Daniels
Embarrassing Trend: Emo trends
Why You are embarrassed:
The most delightfully embarrassing trend ever: emo-kids. I can remember dying my natural black hair blacker and trying to make my generic black Converse look real. Let's not forget about the neon eyeshadow and the cool lip piercings - our poor parents. And, hey, what ever happened to My Chemical Romance?

Name: Wendy Aguilar
Embarrassing Trend: Text message abbreviation
Why You are embarrassed
Who came up with 'OMG,' 'LOL' and 'LMAO'? They started out in text messages, but soon people began using these when speaking including myself. Text messaging has already corrupted the English language and speaking in abbreviations is just lame. My poor English professor dad who had to go through this trend is over it and so am I.

Name: Elizabeth DeCicco
Embarrassing Trend: Degrassi
Why You are embarrassed:
I'm certainly ashamed to admit I followed this tv show trend in high school. My friends and I couldn't get enough of the cheesy drama and scandalous scenarios that took place in a Canadian high school. Every episode was different but always had horrible acting and amusing Canadian accents. But now I see it as where my admiration for the rapper Drake began.

COLUMN

Troubling middle school Trends

By Anisca Miles

Middle school, circa 2005, was an embarrassing time where I indulged in some of the most cringeworthy trends.

This is the age I said 'bye' to mom's help on my daily dress routine. Now, I secretly admit this choice was probably a mistake.

Everybody dressed alike and had all of the same accessories, but I've learned, like most aspects in life, just because everyone else did it doesn't make it right.

Sometimes I just groan at the thought of my previous fashion choices and wonder where in the world these ideas came from.

The first mistake I made had nothing to do with my clothes and everything to do with my hair. For some odd reason I had an obsession with the curling iron. Trust me, I was not achieving sexy beach waves with the big barrel iron. In-

TREND, PAGE B6

TRENDING NOW
WHISKEY

BY STEVEN SENN

Once a drink sipped mainly by gentlemanly "Mad Men" types in expensive suits and power ties, whiskey — spelled with and without the "e", depending on the region — has risen in popularity in the drinking population the last few years, and seems poised to be here to stay.

Some theories rolling around about its resurgence range from favor in the hipster community to the prevalence of whiskey drinking bands like Mumford and Sons, to the simple fact that trends tend to repeat themselves for better or for worse.

"It's just like everything in life, the era comes back in style," said Katie Togiai, manager of restaurants and bars at The Sheraton Grand, one of downtown Sacramento's largest hotels. "For whatever the reason, we've seen more and more people ordering Old Fashioneds and Manhattans and trying other less popular Bourbon drinks, and they seem to be liking them."



The alcohol has found its way into pop culture, or possibly influenced it.

Popular television shows like the recently concluded sitcom, "How I Met Your Mother," had two of the main characters — one a man and one a woman — often drinking the spirit, as does Don Draper — the lead for the aforementioned "Mad Men" — who drinks it throughout the entire day.

"It's sort of like the cigar craze a few years back; everyone jumped on board with the latest trend," said Jason Hieronimus, who has seen the spirit's rise in popularity soar while overseeing events at The Sheraton Grand as one of the hotel's banquet captains. "Except that whiskey is getting its due for good reason; it tastes good. It's more like people are just discovering it and liking it."

Many bartenders have noticed the trend catching on with both men and women.

"(It has caught on) definitely in downtown Sacramento," said Christian Tolen, bartender at the Zebra Club in midtown Sacramento. "(Now it popular) with women. It used to be just bartenders or motorcycle riders — tough chicks draped in leather drinking it."

Tolen speculates Sacramento picked up the trend from the Bay Area.

"Sacramento usually picks up trends from San Francisco, and San Francisco probably picked it up from New York or somewhere else like that," he said.

Chara Deloney, who's been a bartender at Uncle Vito's in Sacramento for five years, agrees with the hipster theory.

"I feel like working in midtown there are so many hipster types and whiskey is definitely trendy," Deloney said. "We sell a lot of beer, but as far as cocktails and shots, Jameson has always been the most popular seller since I've been here.

"Mostly shots, but Jameson mixed with ginger ale or Coke has been really popular," She added.

One possible factor in its popularity is whiskey is a spirit that is able to mix well with a variety of options. Juices and other mixers compliment the flavor of the alcohol and don't mask it as they do with vodka.

Flavored vodka, a trend a decade ago, has managed to find a permanent home in many bars, just as flavored whiskey hopes to do. It is currently trending with a variety of flavors such as cinnamon, maple syrup and honey.

"Fireball (cinnamon) is really popular," Tolen said. "It's easy to drink and women love it."

In addition to popular American brands made in Kentucky and Tennessee, like Maker's Mark and Jack Daniels, imports such as Jameson Irish Whiskey and Canadian whisky Crown Royal, are among Uncle Vito's and The Zebra Club's best sellers.



WHISKEY DRINK RECIPES

Use your favorite brand of whiskey!



Old Fashioned — Muddle an orange slice, maraschino cherry, sugar cube and 2-3 dashes of angostura bitters in a cocktail glass. Add cracked ice to the rim and pour 3 ounces of whiskey and gently stir. Garnish with orange slice.

Manhattan — Combine ¾ ounce sweet vermouth, 2 ½ ounces of whiskey and 2-3 dashes of angostura bitters into a mixing glass. Stir gently and strain into a chilled martini glass. Drop in a maraschino cherry and rim the glass with an orange slice.

Irish Apple — Combine equal parts Jameson Irish Whiskey, Apple Pucker, and cranberry juice into a mixing glass full of ice. Shake until cold and strain into chilled shot glasses. Shoot it.

PHOTOS BY STEVEN SENN - STATE HORNET

TATTOO:
Pen and ink inspiration at Sac State

CONTINUED, B4

designs.

"We like people having little knowledge [when coming in]. We're not a street shop; we're a custom shop. We work mainly on appointments and referrals," Trevino said.

Tattoos are becoming more socially accepted, depending on the setting. Sacramento State students feel tattoos are tolerable on campus, compared to at work or with family members.

"My tattoo is a part of me," said junior gerontology major Emma DeRock who has an anchor along with a sea turtle on her right foot that indicates the trendy, motivational phrase, "Keep calm and carry on." Her design also pays respect to her late mother who had a foot tattoo.

Having grown up in Hawaii, sea turtles represent a mythological symbol of spiritual protection for DeRock. She plans to have a compass inked on her left foot later this year.

After visiting Thailand and converting to Buddhism, freshman mechanical engineering major Anderson Tate added a tattoo that embraces a sense of protection. Among his several markings, Tate also has a blind devil inked on his back signifying the "ignorance of man."

Marissa Grijalva, junior child development major, is proud of her three tattoos, despite her family's disapproval. Along her upper chest is a Spanish saying, "Si te hace feliz", meaning "If it makes you happy."

"It's still a little sad we have to cover up sometimes," Grijalva said.

She said she intends to have more tattoo work done in the near future.

A tattoo should be premeditated and meaningful, and not only done for the sake of being able to display one and follow a long-time trend.

"You should get one that will make you extremely happy for the rest of your life," Trevino said.

WE NEED YOU!

Are you looking for a job?
Want to work on campus?
Do you like interacting with people?

The State Hornet

THE STATE HORNET IS LOOKING FOR A STUDENT AD REPRESENTITIVE!

- THIS IS A PAYING JOB
- GAIN MARKETING EXPERIENCE
- GET THE CHANCE TO MEET THE GUY WHO MADE THIS AD (TRUST ME, HE'S GREAT)

CALL US NOW
(916) 278-5587

PHONE: Smartphone app craze

CONTINUED, B4

just listen to podcasts or music."

Name: 9GAG

Downloads: approx. 5 million (Google Play)

Description: 9GAG is described as the best source of happiness and awesomeness making Apple and Android users "forever alone no more." This app is full of content in different categories like funny pictures, GIFs, memes, cosplay, viral videos and cute. Users can vote on discovered content as well as share what they find on other social networks.

Lilian Diep, 21, English major

"I [like] 9GAG. It's an entertainment forum – almost like Reddit – for memes and stuff. I [use it] just to get a break from school.

Writer's Choice

Name: Mint

Downloads: approx. 5 million (Google Play)

Description: This app can be downloaded on Apple, Windows, and Android devices for free. Mint allows users to monitor their finances on the go by safely pulling information from checking, savings and credit cards. Information can be used to set monthly budgets, set monthly saving goals, track cash spending and receive bill alerts.

FASHION: Overdone trends

CONTINUED, B4

and we are influenced by Miley Cyrus and her style or Rihanna's style or Iggy's (Azalea)," Tacotaco said.

Such celebrities are making this trend more popular as some students are inspired by them and then mirror those looks with their own twist.

Communications major Talisha Lowe thinks that trends should not be overdone because they can work against you.

"With trends there are hits and misses, but that's with every trend," Lowe said.

Tacotaco said that not everyone likes her style, which incorporates flannel, crop tops and high waisted shorts.

"Some people can think, 'That looks ugly' or some people think that (it's) nice," Tacotaco said. "My roommates don't like my style; they think it's weird,"

But some trends are not for everyone.

"Not everybody is going to get it," Panganiban said. "They're going to think, 'Oh that's so retro'.

"It's super contrasted with what previous trends were, like the minimal look. It's totally in the opposite direction of that."

Kid Cudi wore a crop top at Coachella and Panganiban said that this might be the next trend for men. But the next big fashion trend coming up - the 70s. Already, some of the staple fashion from this time is slowly making its way back into the stores.

Some trends don't stay for very long, and there are others that stay for a long time.

"We pick and choose things we like from an era, and we kind of let it stay, and then the rest of it kind of dies down," Lowe said. "Crop tops are going to be here for a while."

Panganiban said it is easier to begin incorporating simple trendy items in your existing wardrobe so that the transition won't be overwhelming. But for any future trends, you still have to own what you wear.

"I think confidence is really important because if you don't feel comfortable or if you don't believe in what you're wearing, it definitely shows," Panganiban said.

TREND: 'Flipped hair grazing the shoulder without a care in the world'

CONTINUED, B4

stead, I made a fool of myself.

I used the curling iron to do "the flip." I spent my mornings easing the barrel down sections of my hair and flipping the ends upwards. The style I achieved did not even come close to the cool, bouncy "Charlie's Angels" hair of the '70s.

For close to a solid year, I ran around looking like I was auditioning for a part as an Oompa Loompa in "Willie Wonka and the Chocolate Factory," with flipped hair grazing the shoulder clearly without a care in the world.

The next middle school "uh-oh" involved rubber bands and bell-bottom jeans. I grew up in a time where bell-bottoms turned from cool to completely uncool in a matter of weeks.

For whatever reason, it was "the thing" to place rubber bands at the bottom of your jeans so it scrunched up a little, tucked just enough not to see it.

Thankfully, this trend was short lived, but I can still vividly remember everyone at school strutting around decked out in rubber banned pants and Converse. Don't worry — the shoes those are still cool.

Looking back on the trends of my middle school days, I am overwhelmed at the thought that there is plenty of photo evidence to quickly damage my reputation.

The only excuse for those mishaps is at least I'm not the only one regretting them.

CRONUT: A new look at doughnuts

CONTINUED, B4

Manager Christine Pe said their bakery "played around with the flavors and came up with glazed, Bavarian custard, whipped cream, chocolate drizzle (and) cinnamon sugar - which is the most popular."

Local replicas of the cronut sell quickly on weekend mornings by 11 a.m. and it seems this high-demand pastry trend will continue to stick around, defeating the average fried donut or buttery croissant.

Voted Best Florist by Sacramento Magazine Readers 2013

Show Mom you love her, With Flowers

Mother's Day is May 11th

Celebrating 67 years in Sacramento with "Service & Quality"

Relles Florist & Gifts

Full Service Florist Since 1946

2400 J St • (916) 441-1478

M-F 8am-6pm • Sat 9am-4pm • Sun 10am-2pm

FREE PARKING

www.RellesFlorist.com

Women's Health Specialists

FREE Birth Control

*FREE Reproductive Health Care for Students!

birth control, pregnancy tests, HIV testing, emergency contraception, confidential abortion services, annual exams, STI testing/treatment, and much more!

916.451.0621

NEW LOCATION! 1442 Ethan Way, Suite 100, Sacramento, CA 95825 (at Hallmark Drive)

Confidential, Compassionate and Nonjudgmental Health Care!

*Call to see if you qualify

cawhs.org

PUNCH LINE SACRAMENTO

COMEDY CLUB • RESTAURANT • BAR

VOTED BEST COMEDY CLUB BY THE SACRAMENTO NEWS & REVIEW!

THURSDAY 5/1 - SUNDAY 5/4 FROM CHELSEA LATELY AND THE HEAT! ADAM RAY CONOR KELLICUTT, MARK SERRITELLA

WEDNESDAY 5/7 NEW FACES SHOWCASE

THURSDAY 5/8 - SATURDAY 5/10 FROM MTV'S GIRL CODE & GUY CODE! CHRIS DISTEFANO MYLES WEBER, DASH KWIATKOWSKI

FRIDAY 5/16 - SUNDAY 5/18 FROM CHELSEA LATELY AND MADTV! BOBBY LEE RAJ DUTTA

THURSDAY 5/22 - SATURDAY 5/24 SAM BAM'S COMEDY JAM

THURSDAY 6/5 - SATURDAY 6/7 FROM WHITNEY AND UNDATEABLE! CHRIS D'ELIA

FRIDAY 6/13 - SUNDAY 6/15 FROM LAST COMIC STANDING! JOSH BLUE

FOLLOW US ON TWITTER!

TWITTER.COM/PUNCHLINESAC • FACEBOOK.COM/PLSAC

WWW.PUNCHLINESAC.COM

ticketmaster.com citi

CALL CLUB FOR SHOWTIMES: (916) 925-5500

2100 ARDEN WAY • IN THE HOWE 'BOUT ARDEN SHOPPING CENTER

2 DRINK MINIMUM. 18 & OVER. I.D. REQUIRED.

TICKETS AVAILABLE AT THE CLUB BOX OFFICE WITH NO SERVICE CHARGE.

LOCK IN YOUR SPOT TODAY

UNIVERSITY VILLAGE

UPGRADED INTERNET + great location to campus + resort-style amenities + individual leases + furnished or unfurnished available

APPLY ONLINE TODAY @ UVSACRAMENTO.COM.COM

916.383.9591 • 7767 La Riviera Drive

AN AMERICAN CAMPUS COMMUNITY utilities subject to change